

WHAT IS CLAIMED IS:

1. A portable time-out device comprising: a shaped sitting mat that is used for disciplining a small child, said mat comprising a soft material for placing on the ground and being flexible for folding, rolling or balling up of said mat.
2. The portable time-out device of claim 1, wherein said shaped sitting mat is circular, square, rectangular, or oblong.
3. The portable time-out device of claim 2, wherein said circular shape has seams for folding the mat along the seams for ease in transporting the mat.
4. The portable time-out device of claim 1, further comprising decorative or educational indicia or ornamentation on an upper surface thereof.
5. The portable time-out device of claim 1, wherein the material comprises rubber, plastic, cotton loft, polyester loft, or fabric composites.
6. The portable time-out device of claim 1, wherein the mat is circular and has a diameter of 20-36 inches.
7. The portable time-out device of claim 1, wherein said mat has a thickness of about .0625 to about .25 inches.
8. The portable time-out device of claim 1, wherein said material is rubber and said rubber has a fabric surface.
9. The portable time-out device of claim 1, wherein said mat is in the shape of an animal.
10. The portable time-out device of claim 1, wherein said mat is in the shape of a cartoon character.

11. The portable time-out device of claim 1, wherein said mat has an upper surface and said upper surface has decorative indicia comprising one or more of letters, numbers, shape characters, colors, words, symbols, cartoon characters, biblical characters, digital impressions, photographic impressions or pictures.
12. The portable time-out device of claim 1, further comprising a carrying container.
13. The portable time-out device of claim 12, wherein said carrying container is a bag.
14. The portable time-out device of claim 1, further comprising a disposable slip cover.
15. The portable time-out device of claim 1, further comprising a washable slip cover.
16. The portable time-out device of claim 1, wherein said material is TBD.
17. The portable time-out device of claim 1, wherein said material is cotton fabric, plastic, synthetic fabric, composites, hardened foams, soft foam, cotton or polyester loft.
18. The portable time-out device of claim 1, wherein said material is a stuffed casing with a zipper closure.
19. A portable time-out device comprising a sitting mat that is used for disciplining a small child, said mat comprising a flat piece of rubber having an upper fabric coating and said mat being flexible for folding, rolling or balling up for transport or storage.

20. The portable time-out device of claim 19, wherein said mat is about .06 to .25 inches thick